

Caring for Older Parents



You care about your aging parents. And yet, sometimes, you just don't know the best way to help them, especially when they are trying to remain independent.

Seniors Helping Seniors® in-home services is an exceptional program of care and caring that matches seniors who want to provide services with those who are looking for help.

- Meal prep/cooking
- Light housekeeping
- Companionship
- Mobility assistance
- Grocery shopping
- Pet care
- Yard Work



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...a way to give and to receive®



Call us today. Like getting a little help from your friends™.
Gift Certificates are available.

If you're interested in becoming a provider, we would like to hear from you too.

302-858-7330 SeniorsDelaware@aol.com

Do You Have What It Takes To Be A Seniors Helping Seniors Provider?

Do you enjoy meeting new folks? Are you interested in working 8 or more hours a week? Perhaps some weekends or overnights?

Seniors Helping Seniors® In-Home Services is licensed by the State of Delaware employing mature residents to serve our business needs in Sussex and Kent Counties.

SHS is a non-medical model, offering companionship, assistance with activities of daily living including personal care, meal preparation, transportation and much more. A client's service plan is individualized to their specific needs and we work hard to match each care provider to our client based on their mutual interests.

Perhaps you are a retired nurse or certified nursing assistant. Or maybe you are a senior who loves spending time with other seniors. Please consider a position with Seniors Helping Seniors In-Home Services and contact us now. We offer a competitive salary.

Interested candidates should call 1-302-858-7330 for additional information and to schedule an interview.

All candidates must submit to all mandated background checks and physicals.

Seniors Helping Seniors also provides respite care



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for care givers and will step in 24/7 for a few days or a few hours to keep life moving smoothly and keep their loved one safe.

Contact them for a free consultation if you are looking for support at a reasonable price.

Go to www.seniorcarerehoboth.com or call 302.858.7330.

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Soaring High

Who would have thought reading an article in US Airways magazine on a weekly business trip would change the course of Amy Mc Dermott's career and life? Well, that's exactly what happened four years ago when she read an article about a company called Seniors Helping Seniors. According to McDermott, the article "touched her heart." She called the founder of the company, Kiran Yocom, who had worked with Mother Teresa for 14 years in India before coming to the United States, and after meeting one another, the local franchise of Seniors Helping Seniors was created.

Seniors Helping Seniors was founded in 1998 with two simple ideas: seniors can help each other age more happily and gracefully, and seniors who give, and those who receive, benefit equally. Quite simply, active men and women fifty years or older assist less able seniors with chores and offer companionship at very reasonable rates. McDermott says they "operate on a common courtesy system with no contracts and no requirement to pre-pay." In the past three years the franchise experienced significant growth, particularly in southern Sussex County, and Amy is always looking for seniors who have room in their hearts and time on their hands for part time employment.

And so, from that fateful plane ride to today, Seniors Helping Seniors came to be, in our own backyard helping other seniors live independently and with dignity right here in Sussex County. They specialize in providing personal care, transportation and most importantly a caring companion. They offer assistance in daily living activities such as cooking, light housekeeping, shopping, outings and excursions and much more. Please visit www.seniorcarerehoboth.com or call 302.858.7330.



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www.literacydelaware.org.

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For more Info: 202-277-1974